

# Child Allergy Information & Classroom Reference Form

Classroom:

School/Center:

School Year:

Teacher(s):

Last Updated:

| Child's Name | Known Allergy | Signs/Symptoms | Precaution Measures | Medication Location | Notes |
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## Watch For Allergy Symptoms

- Hives, rash, itching, redness
- Swelling of lips, face, tongue, throat
- Coughing, wheezing, trouble breathing
- Vomiting, stomach pain, diarrhea
- Pale/blue skin, dizziness, sudden weakness

## If a Reaction Happens

1. Stay with the child and call for help.
2. Follow the child's Allergy Action Plan.
3. Give medication only if authorized/trained.
4. Call 911 for severe symptoms or anaphylaxis.
5. Notify administration and parent/guardian.

## Daily Prevention Tips

- Check allergy list before meals.
- No food sharing.
- Wash hands before/after eating.
- Clean tables and chairs.
- Read labels; follow center policy.

### Confidentiality Reminder:

This form contains confidential student health information. Store securely and share only with authorized staff.

